

| Event Name | Date | Start | Location | Description |
|--|----------------|---------|--------------------------------------|-------------|
| Varsity Cross Country @ Pine Crest Relays | Fri 08/18/2023 | 5:30 pm | South County Regional Park | |
| Cross Country Home Meet | Wed 08/23/2023 | 4:00 pm | Westminster Academy Athletic Complex | |
| Varsity Cross Country @ Park Vista Invitational | Sat 08/26/2023 | 8:00 am | South County Regional Park | |
| Varsity Cross Country @ Dr. Joaquin Garcia High School | Sat 09/09/2023 | 7:30 am | South County Regional Park | |
| Varsity Cross Country @ King of the Hill Invitational | Wed 09/13/2023 | 5:00 pm | Tropical Park | |
| Varsity Cross Country @ Spanish River Invitational | Fri 09/22/2023 | 3:00 pm | South County Regional Park | |
| Varsity Cross Country @ FSU Pre-State Meet | Fri 09/29/2023 | TBD | Apalachee Regional Park | |
| Varsity Cross Country @ FSU Pre-State Meet | Sat 09/30/2023 | 8:00 am | Apalachee Regional Park | |
| Varsity Cross Country @ Florida Runners Invitational | Fri 10/06/2023 | TBD | Holloway Park | |
| Varsity Cross Country @ Florida Runners Invitational | Sat 10/07/2023 | TBD | Holloway Park | |
| Varsity Cross Country @ The King's Academy | Sat 10/14/2023 | 8:00 am | The King's Academy | |
| Varsity Cross Country @ Miami Country Day | Wed 10/18/2023 | 4:30 pm | Greynolds Park | |
| Varsity Cross Country @ South Fork Invitational | Sat 10/21/2023 | 8:30 am | South Fork High School | |
| Varsity Cross Country @ Pace | Tue 10/24/2023 | TBD | Monsignor Edward Pace High School | |
| Varsity Cross Country Districts | Thu 11/02/2023 | 4:00 pm | Indian River County Fairgrounds | |
| Varsity Cross Country Regionals | Thu 11/09/2023 | 8:30 am | South County Regional Park | |
| Varsity Cross Country States | Fri 11/17/2023 | TBD | Apalachee Regional Park | |